



RECOVER*us*

The path to recovery begins here.

**A COMPLETE GUIDE TO
BRAIN OPTIMIZATION**

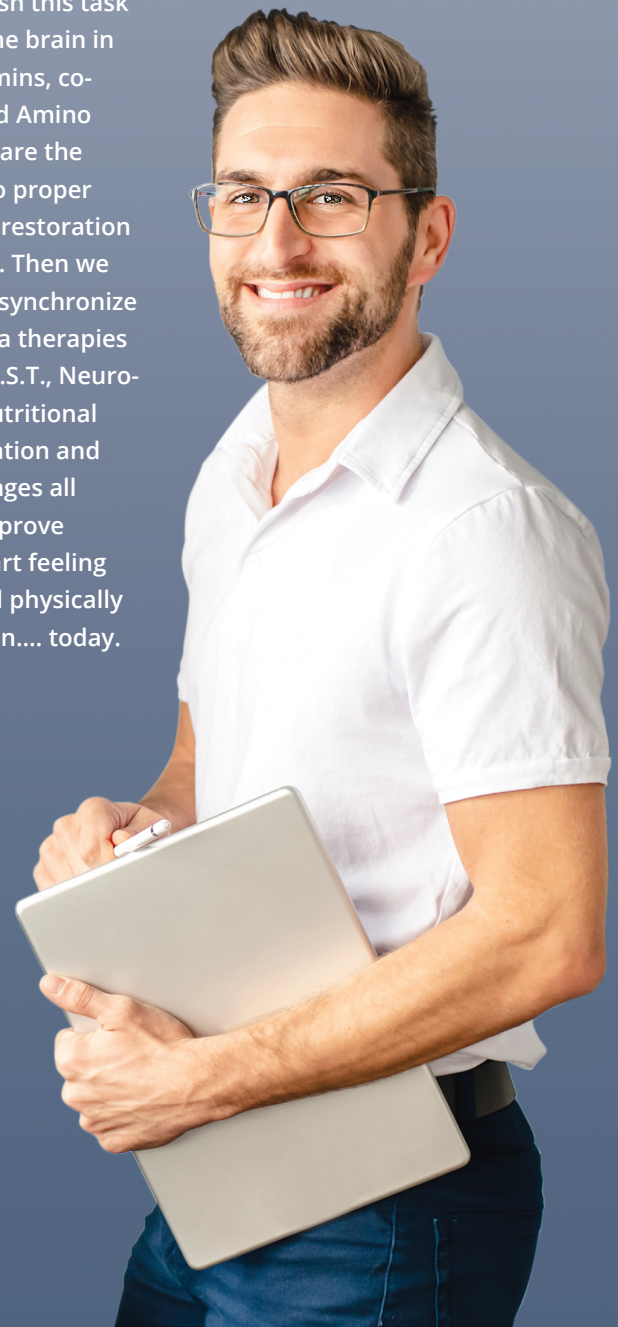




BRAIN OPTIMIZATION THE PLAN

Do you ever feel sluggish, foggy, not quite on your game? Does it happen more often than you'd like to admit? Remembering things, which was once so easy, may now feel like impossibility. Slow response time when asked simple questions, focusing on tasks at hand, or simply remembering your child or grandchild's phone number is both frustrating and demoralizing. We understand. At RecoverUS, our Brain Optimization protocols are the first step to get your brain back.

We accomplish this task by bathing the brain in specific Vitamins, co-enzymes, and Amino Acids, which are the precursors to proper neurological restoration and function. Then we balance and synchronize your brain via therapies including B.E.S.T., Neuro-Feedback, nutritional supplementation and lifestyle changes all geared to improve your life. Start feeling mentally and physically younger again.... today.



WE CAN HELP

We know how to help our patients not only recover from their unhealthy brain patterns but how to physically, nutritionally, and mentally restore their lives. We say this because at RecoverUS, our Founders and Medical Staff bring over 75 combined years of patient practice and experience to this facility. Helping you break your personal pattern, Brain Optimization, and Brain Recovery is truly our passion.

BE MORE MENTALLY ALERT & IN THE GAME

We understand how you feel when you can't remember simple things or when you can't do simple tasks as easily as before. And, don't be too hard on yourself; your condition is not your fault. Your brain simply isn't receiving the proper basic building blocks to replenish and rejuvenate as quickly as when you were younger. Some people are more genetically disposed than others to suffer from these effects; some have made lifestyle choices which may have compounded and advanced their brain challenges. We are here to offer you a new path to Brain Optimization, a new you. Your brain is resilient and it can heal with the proper environment. Yes, whether you're suffering from a foggy brain, a degenerative brain condition, a brain trauma, or simply the effects of pre-mature brain aging, there is hope.

HOW WE HELP WITH OPTIMIZATION

Much of our treatment centers on Nicotinamide Adenine Dinucleotide (NAD+), a molecule which is present in all cells of the body. NAD+ energizes the cellular activity including your brain and is a naturally occurring co-enzyme. NAD+ is touted as the next Anti-Aging solution as it plays a most important role in brain recovery and brain optimization.

THE BASICS OF BRAIN OPTIMIZATION

Our IV therapy brain recovery protocol helps you feel mentally clearer, sharper, and improves your cognitive function. And, when your stress levels lower you are at the top of your mental game. The lasting benefits often last for weeks to months after a simple and convenient treatment. Often, we couple this therapy with Bio-Energetic



Synchronization Technique (B.E.S.T) and Neuro-Feedback to shift your brain patterns immediately. Many times the underlying brain patterns stem from a past emotional trauma which resides deep within the sub-conscious. Our trademarked protocols address these stored patterns with a process which allows for brain updating and restoration. When we are finished with your brain re-set, you will be able to think of the past stress and not feel the same ever again. This is how we begin your new path to brain recovery.

LONG TERM BRAIN OPTIMIZATION

Once we've helped "jump start" your brain function, we are here for updates and continued support. The process to restore your brain and your life takes time.

Research shows full brain recovery from drugs, trauma, nutritional challenges, and emotional stressors, takes at least a year and possibly longer. Brain cells are slow to recover, but they will recover and rebuild with a new pattern and a new picture of your life. It simply takes time to heal fully. That's why we walk with you for life-long restoration. At RecoverUS, we know that aftercare support is important and every client receives a personalized treatment plan for long term recovery.

WHAT IS BRAIN OPTIMIZATION ?

Brain optimization is simply the process of challenging the brain to develop optimal fundamental skills that are necessary for learning and longevity. We accomplish this task by bathing the brain in specific Vitamins, co-enzymes, and Amino Acids which are the precursors to proper neurological restoration and function.

WHAT IS NAD+'s ROLE IN OPTIMIZATION?

Nicotinamide Adenine Dinucleotide (NAD) is a molecule which is present in all cells of the body. NAD+ energizes the cellular activity including brain. It is a naturally occurring co-enzyme found in every living cell. NAD+ is touted as the next Anti-Aging solution as it plays a most important role in brain recovery and brain optimization.

WHY DO I NEED MORE NAD+?

Your body naturally produces NAD+, but as you age, overall levels of the coenzyme decrease over time, leading to cellular challenges resulting in age-related disease.

CAN NAD+ HELP RESTORE MENTAL ACUITY?

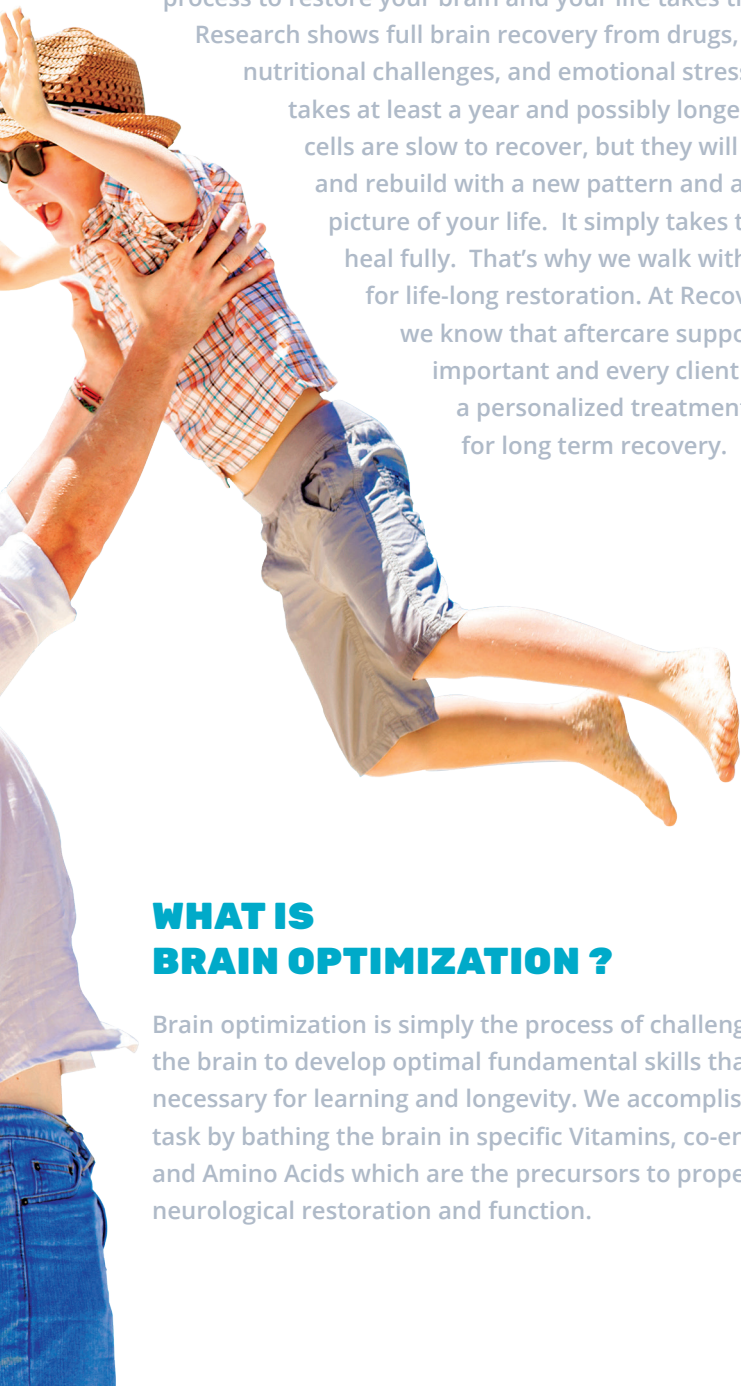
NAD+ IV helps maintain mental clarity, focus, and fight against neurodegenerative diseases for a healthier and happier brain function. NAD+ helps boost your brain to top performance. This coenzyme boosts sirtuins – proteins that function to slow aging and neurodegenerative diseases. NAD+ and sirtuins are touted to improve resistance to stress.

WHAT ABOUT ANTI-AGING?

NAD+ also plays a major role in anti-aging protocols. Aging naturally affects every system of your body, changing everything from the way you look to how your digestive system functions as well as immunity. NAD is purported to lengthen telomeres, which are near the ends of chromosomes that naturally get shorter as the body ages. NAD+ slows the aging process, reverses aging, and can help restore the appearance of the skin and reduce wrinkles.

WHAT ELSE DOES NAD+ IV HELP?

Nad+ IV therapy helps improve brain health and neurological function and promotes mental clarity. In addition to boosting energy levels and reducing overall fatigue, NAD+ assists in brain regeneration, muscle function and performance.



WHAT ARE SENOLYTIC CELLS?

Aging cells, referred to as Senolytic cells, are slowing down and not dividing, beginning the process of destruction and death. Inflammatory chemicals are released into the system and trigger adjacent cells to do the same. When NAD levels are diminished, our cells go through the natural process of Senescence. Our trademarked approach is to bathe the brain and aging cells in NAD+ and additional Vitamin IV, which in turn helps promote cellular growth and function.

HOW LONG IS TREATMENT & WHAT'S A TYPICAL DAY LIKE?

Treatment runs 3-10 days and 4-6 hours/day, depending on your individual needs. Each day of treatment starts in the morning and is completed by early afternoon. You will then return home or to local lodging. Each day, (as indicated by your treatment plan) you may receive NAD+ therapy, hydration and complementary ancillary treatments to calm and refresh your brain/body balance. We will speak with you about nutrition and stress reduction. You may watch television, read, listen to music, use your own computer on our free Wi-Fi, or simply relax.

WHAT IS B.E.S.T. & BRAIN OPTIMIZATION?

Science shows that brain activity slows as we age. Utilizing the technology of Bio-Energetic Synchronization Technique (B.E.S.T.) we will re-synchronize your patterns to help your brain recover to a more mentally clear state. Shifting your brain patterns, which possibly have been ingrained in a particular pathway for many years, is our goal. It's not enough to just identify your sluggish brain patterns; we must get to the actual cause of the pattern for lasting results. This is not a sprint but more accurately described as a marathon of pattern interruption and recovery.

"These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease."

WHY NEURO-FEEDBACK?

This will help you calm and restore normal brain patterns. Sessions may take as little as 15 minutes and there are no harmful side-effects to this relaxing therapy. Neuro Feedback is used both for treatment of certain addictions and brain optimization.

NUTRITIONAL SUPPLEMENTATION?

Our nutritional approach includes access to a 40 year line of nutritionals which are designed to aid the body in its return to optimized health. With brain health at the core, overall body health can respond to the same approach. Our bodies require Minerals, Trace Minerals, Pre and Pro-Biotics for a healthy gut, and we need digestive enzymes. We address your needs and make specific recommendations for each case and desired outcome.

Imagine your life being able to think more clearly. Maybe it was so long ago you can't remember what it was really like. Imagine being able to sleep better and dream again. When your brain is sluggish these hopes are just that...hopes. For things to change, you need to change your pattern. Your life has been taken over by your cognitive decline and its affects. You suffer, your family suffers and your life suffers.

At Recover US, we help you take back your life. We help you "change your story" to a life of mental clarity and new brain patterns. Taking back your life helps repair your self-esteem and your overall outlook. RecoverUS is the path to the life you deserve to enjoy to its fullest.

If this is your life right now, we can help as soon as you call us.

If this is about someone you love and they need help, please give us a call at (618) 519-9444.





618.519.9444

2250 Reed Station Pkwy Suite 204

RECOVERUSCENTERS.COM